

NEPAL

LOW / HILLS / MOUNTAINS

TIBET

75 mi

75 km

N

China

Rara Nat. Park

Kail River

Shey-Phoksundo Nat. Park

TIBET

Annapurna

Nepal

Sagarmatha Mt. Nat. Park

Karnali River

Everest

Royal Bardia NP

Pokhara

Kathmandu

Bhaktapur

Dharan Bazaar

Nepalgunj

Butwal

Lalitpur

Birganj

India

Royal Chitwan Nat. Park

Narayani River

Biratnagar

Kosi River

Bangladesh